

Bliss Mixed Media Painting SUPPLY LIST



Below is a list of art supplies that we'll be using throughout class.

Please don't feel like you need to purchase everything.

All you really need to get started are some basic drawing and painting supplies in your favorite colors like acrylic paints, a cheap set of Crayola watercolors, a pencil, brushes, something to paint on, scissors... et cetera

If you're in Canada, a good online site with free shipping is: <https://www.currys.com/>

BASIC SUPPLIES

- **Set of watercolors (a cheap set of Crayola watercolors will work or I love the Sketcher's Pocket Box Set by Winsor & Newton:** <http://www.dickblick.com/items/00325-1029/>
- **Watersoluble Pencil (black):** I like to use a Stabillo Colored Marking Pencil, but you can also use a watercolor pencil or any other watersoluble pencil. If you prefer something that will make nice dark lines, but stay in pace, you can use india ink and a thin brush

too. I find the stabillos at Dick Blick here: <http://www.dickblick.com/products/stabilo-colored-marking-pencils/>

- **2-3 water-based paint markers: (these are not essential. I use these mostly for faces, so if you don't want to purchase paint markers, you can also use white and a red or pink acrylic paint)** – I'll be using white, florescent pink, and florescent blue. My favorites are: Sharpie's (water-based, medium tip): <http://www.dickblick.com/products/sharpie-waterbased-paint-markers/>
- **For lettering:** (my preference is to use calligraphy ink and a bamboo stick or a sharpie paint pen (acrylic, waterbased) or a stabillo colored marking pencil. But I also use Gel pens (I'll be using white, black, silver, gold) or india ink (black or paynes grey):
 - I'll be using these Gel Pens by Sakura: <http://www.dickblick.com/products/sakuragelly-roll-pens/>
 - I love Winsor & Newton calligraphy inks in paynes gray and black
 - If I'm using the india ink, I also use a medium bamboo calligraphy brush or bamboo
 - sketching pen (<http://www.dickblick.com/products/yasutomo-bamboo-sketchingpens/>)
- **water-soluble oil pastels** (I love Portfolio brand and individual colors by Caran d'Ache Neocolor 2: <http://www.dickblick.com/products/caran-dache-neocolor-ii-artists-crayons/>)
- **Acrylic Paints (4-5 colors you love plus titanium white)- For faces I use:** cobalt teal, titanium white, payne's grey, quinacridone nickel azo gold and neon pink. **My other favorite colors are** pyrrole red, warm gray, green gold, quinacridone magenta and neon yellow. **More details on the types of acrylic paints you might want to purchase below.**
- **2-3 acrylic inks** (various colors- I love liquitex brand's yellow-orange azo, Quinocodone Magenta and Prussian blue. And daler-rowney's paynes gray, flesh tint, Turquoise, Hot Mama Red, florescent red, florescent yellow, sepia, hot cool yellow and genesis green).
- **2-3 washi tape**
- **1-2 (or more) spray inks and stencils**
- **1-2 Ink Pad and stamps** (I love Vintage Photo Distressed Ink Pad by Ranger and silver ink pads)... we'll be using these in our backgrounds
- **4-5 Paint Brushes** (I use foam brushes to apply my glue. You'll also want a thin, medium and wide bristle brush). I like to purchase them in packs like these: <http://www.dickblick.com/products/loew-cornell-12-piece-brush-sets/> and [long handled brushes](http://www.dickblick.com/items/06223-9148/) like these: <http://www.dickblick.com/items/06223-9148/>

- **1+ Oil Paintsticks: (these are not essential and can be replaced with oil pastels or you can try acrylic inks or acrylic paints for a similar effect).** I'll be using antique white, peach, periwinkle, Prussian blue, and crimson. **If I had to just get one color, I'd choose white or antique white.**

Oil paintsticks are different from oil pastels in that they're creamier and come in big, chunky sticks. They're oil paints in stick form without the odor. I like to use them on faces and to cover large areas of backgrounds. **Oil Paintsticks are basically the same as Oil Bars (which are easier to find outside the US):**

- My favorites are oil paintsticks by Shiva:
<http://www.dickblick.com/products/shiva-artists-paintstik-oil-colors/>
- I also like grand oil paintsticks by Sennelier:
<http://www.dickblick.com/products/sennelier-oil-pastels-grand/>
- And, outside of the US, it seems easiest to find Winsor & Newton oilbars:
<http://www.dickblick.com/products/winsor-and-newton-artists-oilbars/>
- **glue** [Liquitex Matte Medium](#) or [Golden Acrylic Gel Medium](#) (Matte, Soft or Medium Gel) or mod podge (more details below)
- **collage materials** (sheet music, maps, tissue papers, napkins or paper towel, coffee filters, journal or book pages, origami paper ... et cetera)
- **scissors**
- **Pencil sharpener**
- **water bucket**
- **paint palette** (a paper plate or large plastic to-go container top works fine)
- **towel or rag** (paper towel is fine)

SURFACES TO PAINT ON

I'll be painting on a few different surfaces, however, all of the projects will work on canvas, paper, wood or another surface, if you prefer. I recommend painting on what you already know you love to paint on or if you've never painted before, try out a few different surfaces that look fun and go with what you like best. I also love painting on untraditional surfaces (like cardboard, old coloring books or on book pages). It really helps me stay loose and keep things fun.

- **Coloring Book, Large Print Book, or Vintage Book** (something other than a sketchbook to paint in): Coloring books are nice because they really make you feel like a kid and come with 11 x 14" pages. I also found a collection of large print children's classic books with soft covers... feel free to explore and keep your eyes open for anything at an antique store or garage sale that might be fun to paint or sketch in.
- **Sketchbook or Journal:** I always like to use a sketchbook with at least 90lb paper. I'm using an 8x8" sketchbook by Cachet. I love spiralbound and square. I also use a hard cover journal that I write in each morning. I use the front to write in and the back to paint in. Using something that isn't precious or meant for painting helps me get over creative blocks. Bee Paper also makes great sketchbooks:
<http://www.dickblick.com/products/cachet-select-spiral-bound-sketch-books/>
- **Smooth or Vellum Bristol Paper:** I'm using a 9x12" Smooth Bristol paper sketchbook by dick blick: <http://www.dickblick.com/products/blick-studio-bristol-pads/>
- **Canvas Panel:** I'm using 11x14" canvas panel boards:
<http://www.dickblick.com/products/blick-canvas-panels/>
- **I also love these sketchbooks (with at least 90lb paper)**
 - a. Aquabee 11x14" <http://www.dickblick.com/products/bee-paper-aquabee-super-deluxe-sketchbook/>)
 - b. Mixed Media Paper: <http://www.dickblick.com/products/strathmore-400-series-mixed-media-pads/>
 - c. Acrylic Paper: <http://www.dickblick.com/products/strathmore-400-series-acrylic-pads/>

ADDITIONAL SUPPLIES (OPTIONAL)

- **Catalyst Wedge #6** (I use this to scrape away paint, but you can also use any straight edge like cardboard, an old credit card or a palette knife)
- **Glitter and/or sequins:** I love Extreme Glitter by Plaid: <http://www.plaidonline.com/folkart-extreme-glitter-2-oz/47/product.htm>
- **Crayons**
- **Acrylic Glazing Liquid or GAC 100** (to thin out acrylic paints without watering them down)

- **Inktense blocks:** These are watersoluble and fun to scribble with and use like watercolors to give variation and detail. I'm using the poppy red and turquoise: <http://www.dickblick.com/products/derwent-inktense-blocks/>
- **Chalk pastels-** I'm using an inexpensive, basic 12 piece set from Sargent: <http://www.dickblick.com/products/sargent-art-square-chalk-pastels/>
- **2-3 India Inks** (various colors I especially love white, and also use yellow and turquoise)
- **Plastic palette knife or old credit card (any straight edge is good to try)**
- **bleeding art tissue paper** (available in the school supplies section of office supply stores in the US). For those of you out of the US, you can order Spectra Deluxe Art Tissue online at:
 1. Fishpond.com.au
 2. Toolking (<http://www.toolking.com/pacon-58516-spectra-art-tissue-100-sheets-20inx30in-assorted-colors>).
- **Top coats:** dorlands wax medium, mod podge, spray varnish (*more details below*)
- **lokta paper** (beautiful handmade papers I like to use in my backgrounds, found at dickblick.com and paper stores)
- **Metallic acrylic paint** (I love copper and gold for embellishments)

SUPPLY DETAILS

GLUE

I love to use [Liquitex Matte Medium](#) for glue. It works really well with acrylics and other art supplies and is easy to brush on with a foam brush. Golden's Soft Gel (Matter) and Mod Podge (matte) by Plaid are also my favorites for gluing (and they can be used as a top coat... after a spray varnish to be sure nothing smears... more details below).

For travelling, I also like to bring a glue stick. It keeps things simple and laid back while I'm painting in my journal

COLORS + BRUSHES

My favorites for basic colors are: cadmium reds (deep and medium hues), cadmium yellow (medium hue), phthalo blue, cobalt teal, paynes grey, pyrrole red, alizarin crimson hue, neon pink, neon yellow, warm gray, titan buff, green gold, and Dick Blick's florescent yellow/orange

* Paint brushes (I love experimenting with different sized bristle and foam brushes). I tend to forget to wash out my brushes, so they're always getting crispy with paint and ruined. For that

reason I don't invest in expensive brushes and love these long handled brushes best (the dark green or brown wooden handles are my favorite): <http://www.dickblick.com/items/06223-9148/>

BRANDS OF ACRYLIC PAINTS

* Acrylic Paints: I use Golden's fluid and heavy bodied acrylics, but I also love Daler-Rowney's System 3 medium body acrylics. For an even less expensive option (but still a nice quality acrylic) I like Dick Blick's big bottles of student acrylics called blickcrylics (they're inexpensive, cover well, labeled as nontoxic so they're fun for kids too, and I find I don't get so attached to using and layering lots of colors!) For sheer color, I most adore Golden's fluid colors (they completely give new life to dull areas by adding a sheer layer of a color you love. But I also use acrylic inks for this purpose too).

In general, when I buy a more expensive acrylic paint like Golden or Liquitex, I buy the Heavy Body. Golden also makes a slow-drying acrylic (the Open Acrylics), which I happened to get on accident once and I like those just as well. **So, I recommend the Heavy Body or Open Acrylics for all of the colors I mention in the supply list.**

Fluid Acrylics and High Flow Acrylics are more liquid-based (the type that come in a bottle rather than a tube and you'd drip onto canvas and let run). I prefer using acrylic inks more than Fluid Acrylics and High Flow Acrylics because I tend to drip the inks and then use a color I like to cover an area of my painting I am not liking. You could do the same with Fluid Acrylics and High Flow Acrylics, but because they are thicker than the inks, they'd cover up more of what is underneath. All are very fun to try and play with, of course. However, for the price, I get much more use out of the acrylic inks.

If you feel like playing, I love the Fluid Acrylics in Cobalt Teal, Green Gold and Quinacridone Violet (or Magenta). I love the High Flow Acrylics in Florescent Chartreuse (super brilliant color).

TOPCOATS

Feel free to use whatever top coat you prefer. If you've used pastel or pencil that might smudge when you brush on a top coat (like mod podge), then you'll want to spary your piece with a fixative or varnish first.

I use a 3 step top coat process:

1. Spray varnish (Krylon is a good brand and keeps the painting from yellowing over time)
2. Mod Podge (matte) by Plaid (I add Golden's Transparent Yellow Oxide to the Mod Podge to get a warm tone to my top coat).
3. Dorland's Wax Medium (for an encaustic look)